

The Life Skills program conducted every SUNDAY is diligently attended by 110+ students. Sessions resumed after summer break with renewed excitement and a new curriculum.

Teachers were trained by our resource partner **Aparajitha Foundations' Thalir Thiran Thittam**. Initial reluctance to attend class on Sunday for two hours is now replaced with enthusiasm as the kids realize the value it provides. Since we use an active, participatory learning methodology the children are alert and active through the sessions. We provide yummy and healthy snacks which is also good motivation.

We believe that these classes will transform the child inside out. The journey has begun.

LIFE SKILLS TOPICS

SELF DEVELOPMENT
& INTER PERSONAL
SKILLS

KNOWLEDGE OF
COUNTRY, STATE &
PANCHAYAT

SOCIAL AND
TECHNOLOGY SKILLS

CULTURAL
KNOWLEDGE

PUBLIC SPEAKING

SPOKEN & WRITTEN
COMMUNICATION

GENERAL
AWARENESS,
HYGEINE ETC.

PUBLIC AND CIVIC
KNOWLEDGE

FROM OUR STUDENTS

"I feel all our sessions are very useful and relevant to getting a job and how to face an interview. I liked the Goal setting topic very much, I feel it will help me in setting a SMART goal and a clear idea of how I can achieve it. The excercises on writing about the goal and sharing it in the class was useful."

-Poovarasan, II year Biotechnology

"The session on Time management was an eye opener, it made me realize what my priorities were and how to manage my time better"

-Agastiya, I year Under graduate

"After the class on 'Greeting people', I now say 'Vanakkam' to my teachers & parents everyday."

-Thiru, 3rd standard

"Once when I went to a footwear shop with my mother, she was about to throw away the receipt. I stopped her and told her the merits of keeping it & knowing our consumer rights. My mother was surprised that I knew so much about it. Thanks to our class on 'Know your consumer rights'."

-Prithviraj, 9th standard

LIFE SKILLS PROGRAM

