Aparajitha SEEDS OF SUCCESS

Quarterly Newsletter October - December 2019



Transformational Change through awareness



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When officials identify the educational needs of students and work swiftly towards fulfilling those, the effects are also easily discernible. The first three sections of this issue bring you details about the efforts made. Section four tells us more about the transformative changes observed in adolescent children and teachers as a result of exposure to life skills education. Such an education not only cultivates right attitude, but also facilitates formal education. The impact of life skills education on children in institutions that provide non-formal education is captured in Section five.

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This newsletter **Seeds of Success** has been bringing you updates about TTT's implementation, growth and impact every quarter in the last eight years. From January 2020, this will be brought to you in the form of a news bulletin. A brief capture of the events will be accompanied by a link to the webpage with an appropriate URL as follows:

Education Department of Haryana organized an adventure camp for 6^{th} , 7^{th} and 8^{th} standard students at Gadpuri between 16^{th} September and 7^{th} October. TTT lessons were screened in that camp.

https://www.aparajitha.org/tim-tim-tare-adventurecamps-in-haryana/

We look forward to your continued support and suggestions

Editorial Team

(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)

In Rajasthan . . .

Education and Research Network (ERNET) which comes under the Ministry of Electronics and Information Technology is an autonomous scientific society. Educational programmes in Rajasthan are telecast through this organisation.



Government of Rajasthan's Principal Secretary for School Education, **Dr. R. Venkateswaran IAS** issued an order to telecast TTT's Hindi version Tim Tim Tare through this network. Consequently Director of Primary Education **Mr. Om Prakash Kasera IAS** issued an order on 2nd August 2018 to telecast Tim Tim Tare lessons in 34 centres of Districts Institute of Education & Training (DIET) in 33 districts.



The first telecast was made on 28 August 2019 at the DIET centre in Udaipur in the presence of District Collector **Ms. Anandi IAS**. Following that, other DIET centres have also started telecasting TTT lessons. As a result, 4,16,000 students studying in 1320 schools across 33 districts are receiving the benefit of life skills education.

In Himachal Pradesh . . .



An MoU was signed on 5 March 2019 to implement Tim Tim Tare in Himachal Pradesh. Training was provided to teachers from 13 June to 25 July. Later, Tim Tim Tare's video lessons were telecast from 12 DIET centres in various districts to schools, with the help of telecommunication officers working at these centres. On 12 September 2019, a state level meeting was conducted at the Directorate of Education in the presence of District Program Officers, and presided over by the State Project Director **Mr. Ashish Kohli HAS** to discuss life skills education to BRCC training for implementation of Tim Tim Tare.

In Hariyana . . .

The Education Department of Haryana has been screening video lessons of Tim Tim Tare to students of classes 6-12. The State Department's Adventure Camps for selected students are an annual feature. As part of this event, an adventure camp was conducted from 16 Sep to 7 Oct 2019 for students of classes 6, 7 and 8 in four batches at National Youth Institute in Gadpuri in Palwal District. 1188 students (girls and boys) and 132 teachers (men and women) participated. Tim Tim Tare video lessons were provided to fulfill the need for life skills education to adolescent students.

In Gujarat . . .

TTT's Gujarati version Tim Tim Tara was launched in primary schools in Gujarat six years ago. It has been provided at Kasturbha Residential Schools for girls since 2016 and since January 2019, at high schools and higher secondary schools. The facilitators and the students benefited alike through this programme and they share their stories here.

In Residential School. . .



Sejalben Patel is the headmistress of Kasturba Girls School in Girinagar, Satpura Taluk, Dang District.

She articulates, "The girls who reside in this school come from very remote villages. They are not aware of life skills. We offer these through Tim Tim Tara video lessons. They keenly participate in all the activities that are integral to the programme be it games, role plays or songs. There have been noticeable changes in their behaviour. They have learnt many things from various lessons on listening, respecting others, gender related issues, goal setting, avoiding wastage and so on. As a result, there have been remarkable changes in their behaviour. For example, they used to borrow things from one another; but they would never thank the other person. Now they have learned to thank and appreciate each other. They have learned not to waste - by switching off lights and fans when not in use, and closing the taps. They would yell at each other when they had differences of opinion; nowadays they resolve their conflicts through discussion. They speak affectionately and stay united. Earlier, during exams, we would constantly keep counselling them. Now they are a lot more confident; they set their own goals. Consequently, they prepare themselves for the exams without undue stress. After handling these Tim Tim Tara lessons, my own attentiveness has improved along with a few other positive changes," with a smile.

At Higher Secondary Schools . . .



Kashvi Patel, a student of class 11 in Narayan Guru Vidyalaya shares her experience thus: "Tim Tim Tara video lessons help me to a great extent while learning. For example, a sample technique to remember the shape of paramecium is discussed in the lesson on memory skills. I learned about using mnemonics to help me recall details. I use that method to easily bring to mind details of other organisms. This method also helps me to keep in mind concepts for long; there's no need to blindly memorise things."

Mahesh Thakor, of class 11 in J.S. Vidyamandir, Randesan, Gandhinagar has this to say,: "I wanted to choose Science group subjects as electives. But my parents thought it would be difficult to handle science subjects and they would also not be in a position to help me owing to family circumstances. But I've joined the science course despite their warning and apprehensions. I got to watch the Tim Tim Tara lesson on hard work. I understood clearly that one needs to work very hard to achieve one's goal and be prepared to overcome barriers. I'll put in my best efforts and reach my goal." His confidence is palpable.





Mansi Prajapati, a student of the same class voices her experience: "I had the habit of staying up late in the night to study before the exams. This gave me a burning sensation in the eyes and left me tired. After watching the Tim Tim Tara lesson on handling exams, I learned that I should not stay awake for too long in the night and must take regular breaks for rest in between. I also learned that I should study in a quiet place. I've started following this advice meticulously. Earlier I would gather all the things required for an exam just before setting out from home; nowadays, I keep all the stationery and other requirements organised the previous night itself. So am able to appear for an exam without tension."

These are but a small sample of transformative experiences in teachers and students after being exposed to Tim Tim Tara. There can be no doubt that these little drops will bring about a sea change in the next generation.

In Tamil Nadu . . .

Thalir Thiran Thittam is being implemented by many schools, hostels, NGOs and colleges in Tamilnadu. As a continuation, life skills education is being offered for the past two years to 25,500 students studying in 850 single teacher evening schools spread across Tiruvallur, Kancheepuram , Chengalpattu and Nagappattinam districts.

Mr. P.B. Vijayaraghavan, coordinator of S.V.R.D.S. says: "All our single teacher evening schools are located in villages. Formal and conventional methods of teaching make learning weary and mechanical. That's when we introduced Thalir Thiran Thittam to them. Naturally inclined more towards play than academics, these children found the fun activities of TTT very interesting and they have responded with great enthusiasm. Since this methodology makes learning easy and enjoyable, even slow learners have picked up the concepts very quickly. As a result, their eagerness and confidence levels have increased; they have even developed a desire to learn."



Echoes

My best wishes for Thalir Thiran Thittam to spread worldwide and brighten up lives. The spread of its reach, the depth of its ideals and objectives, the unostentatious and silent march towards excellence are a clear indication of Aparajitha's gigantic strides in the future.

> - Dr. Kamalam Shankar (Retired) Tamil Professor Chennai, Tamilnadu

I am impressed with your wide spectrum of activities and the great progress shown. The newsletter offers a tidy summary, and I look forward avidly to reading it.

> - Dr. S. Radhakrishna Hyderabad, Telungana.

Congratulations, once again. I am happy to see the sustained good efforts of the Team!

- Selvi Santosham Head – Admin TVS Lakshmi Vidya Sangham, Madurai, Tamilnadu

Best wishes for further growth. God bless you all.

- Lakshmi Kishore Bangalore.

Happy to note that Himachal Pradesh is getting added into TTT program. Wishing the team to add more number of states in the days to come. Bringing technology (mobile app) to monitor the behavioral changes of students is a welcome step, this will save time and give accurate data.

- M Balaguru Chief Facilities Administrator Aparajitha Groups, Madurai, Tamilnadu.

Another amazing issue. Congrats and all the best!!

- Ayesha Bareen Associate Business Manager ACSL, Chennai, Tamilnadu

Although the summer camp happened only for five days, I'm able to see the impact it has had all through the year. Yes... They keep talking about it every day; they are also eagerly looking forward to the next year's camp.

- T. Madhusudhanan Manager, Aparajitha Corporate Services (P) Ltd ,Madurai, , Tamilnadu.