

Aparajitha

SEEDS OF SUCCESS

Quarterly Newsletter
July - September 2019



Transformational Change through awareness

31

Issue

For Private circulation only

Hello!

Contents

Hello!	2
TTT App.	3
TTT Teacher Training	4
Life Skills Education through Arts.	5
For Sports Training Camp Participants.	6
Echoes	8



Aparajitha Foundations
5A, V. P. Rathinasamy Road,
Bibi Kulam
Madurai-625002



0452-4375252



info@aparajitha.org

To measure the depth of an ocean, sound waves are sent underwater from a ship using an echo sounder. The sound waves hit the bottom of the ocean and are reflected back as an echo. Measuring the time it takes to reach and return as an echo and taking into account the speed of sound in water, the depth is calculated. We at Aparajitha, wanted to measure the impact of Thair Thiran Thittam on students. So a mobile app “TTT Aparajitha” has been created to gather relevant data regarding the behavioural changes in students. The first section of this issue provides more details.

Just as one needs expertise and training to use the SONAR technology and equipment, teachers who facilitate inculcation of life skills and values need appropriate training. Section two deals with this.

The technique used to measure the depth of an ocean is different from the one used to measure mean sea level. Similarly, different techniques were used to impart life skills education during summer camps beyond regular class room learning. You can read more about these in sections three and four.

Read all of these . . .

Share your thoughts and feelings . . .

Spread the word to your friends . . .

We look forward to your continued
support and suggestions


Editorial Team

TTT offers life skill education to students in classes 7 to 12. Based on 10 life skills listed by World Health Organisation (WHO), lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This program aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamilnadu by the Tamilnadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the program is being implemented in 6 states - Tamilnadu ,Gujarat, Rajasthan, Madhya Pradesh, Uttar Pradesh and Haryana.


(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)



TTT App

10:52 AM ... 📶 🔋 H+ 📶 36



LOGIN



[Help?](#) [Forgot Password?](#)

[Login](#)

[Don't have an account? Register here](#)

POWERED BY **APARAJITHA**

TTT is now offering life skills education in 3 languages across 6 states in 79,195 schools, thus benefiting more than a crore students. An app has been created to gauge the impact of TTT's life skills education on them; to know the resultant behavioural changes and also to enable teachers to keep Aparajitha apprised of various matters relating to the implementation.

This app is available on Google Play Store. All one has to do is search for **TTT Aparajitha**, download it and alter the settings on the mobile phone suitably. Facilitators / teachers can log in and set their own passwords. They can then share news about and videos of the teaching sessions by uploading on this app.

Many teachers have been using this app regularly to share information with Aparajitha instantly.

- **Krishna**

TTT Teacher Training

An MoU was signed on 5 March 2019 to implement TTT's Hindi version Tim Tim Tare in Himachal Pradesh. As the first step in that direction, orientation on TTT was offered to 55 District Project Officers and Block Resource Centre Coordinators at Shimla on 9 April 2019. As the second step, training was provided at the block level to 4000 teachers working in 11 districts between 13 June and 25 July.



As per the order issued on 14 May 2018, the fourth Saturday of every month is observed in every school as a **Bag Free Day**. The objective of this practice is to dedicate this day to the holistic development of students beyond academics. So, intra-school sports competitions and co scholastic activities are conducted. Tim Tim Tare will be implemented in 2200 high schools and higher secondary schools spread over the state from this academic year. Trained teachers will start facilitating life skills education sessions soon.



- **Runam Kaushik**

Life Skills Education through Arts



“I hear and I forget; I discuss and I remember; I do and I inculcate” captures the need for experiential and activity based learning. TTT was conceived and constructed on this principle. Summer camps for life skills education were held during vacation for students in Tamilnadu, Gujarat and Haryana customised to suit the local environment and culture.

Tamilnadu

Aparajitha Foundation has been organising Summer Camps for three years now. A variety of methods has been used to impart life skills education. This year, the theme was “Life skills education through arts.” Two five-day camps were held - between 6 and 10 May 2019 at YMCA School, and from 13 May to 17 May 2019 at Annai Nagar. Life skills and values were imparted to the 80 participants through various activities such as solving Tangram puzzles, making dolls and toys using coconut fronds, handicraft, painting, skits and puppetry.



Gujarat

4 one-day Summer Camps were held in Ahmedabad (Gujarat). 294 students participated and acquired life skills education. The details are as follows:-

Place	Date	No. of students	TTT Lessons
Lapkaman	May 4	58	Win by Cultivating Friendships
Chharodi	April 16	54	Win with Hobbies
Mahamadpura	April 18	98	Win with Goal Setting
Ramapir no Tekro	April 17	84	Win with Cultured Behaviour Win with Good Grooming

Haryana

Summer Adventure Camps organised by Govt of Haryana are an annual feature. This year, they were held in Mohalla in Panchkula district. 6 camps, each of which was spread over 5 days were conducted from 1 June to 30 June 2019. 107 women teachers and 988 girl students studying in 112 schools from 119 Panchayat Unions in Haryana participated.



The Tim Tim Tare lessons focused on the following topics: transcending barriers, avoiding self pity, expressing disagreement amicably, handling peer pressure, decision making and time management.

-Bharat Bhushan

For Sports Training Camp Participants



WHO says that seeing a glimmer of hope and exploring opportunities to solve problems even in difficult situations; and adopting a positive attitude are an integral part of life skills education. Sports training camps are held every year to instill such behaviour in adolescent students through the medium of sports, at T.V.Sundram Higher Secondary Schools every year. T-shirts were gifted to 200 girls and boys who participated in the camp this year on behalf of Aparajitha Foundations.



Echoes!

A tremendous effort well-shown, Ari. Congratulations.

- **K. Durga**
Trustee, Aparajitha Foundations, Madurai.

Congratulations on reaching this important milestone. Your work is an inspiration to me. I wish you success and many more achievements.

- **Gowtham**
USA

TTT inculcates values in the minds of students through participatory learning method. I wish and desire that this needs to reach the children across India.

- **Archanaben Chaudhary**
District Primary Education Officer, Vadodara, Gujarat.

Many congratulations on reaching the 10 million milestone! This is a huge achievement and I feel proud to have been associated with this path-breaking programme which has now touched the lives of so many children. Wishing 'Aparajitha Foundations' all the very best for future collaborations with other state governments. Am highly optimistic that this programme is going to spread far and wide in every corner of our country.

- **Preeti**
Noida

Great to know the reach of TTT.

- **S.Venkatesh Kumar**
Chief Finance Officer, ACSL, Madurai.

Best wishes to TTT to grow further and reach greater heights.

- **M. Balaguru**
Chief Operating Officer, ACSL, Madurai.

My sincere appreciation to the team of TTT & our Management to choosing the way to change the lifestyle for more than one crore students across India.

- **Dilip Kumar**
Operations Manager-East India, ACSL, Kolkata.

Hearty congratulations on reaching and crossing the 1C milestone. Best wishes for many more Cs to come.

- **Dr. S.Venkatesh**
Senior Process Analyst, ACSL, Madurai.