

Quarterly Newsletter

October - December 2018



Transformational Change through awareness





Ry Ry dire



A flowing river lives on,' goes a saying. That's because the flowing river renews itself continually. Likewise it can be said that thoughts that materialise into action acquire greatness. It is through action that noble thoughts reach newer destinations and newer beneficiaries.

This issue brings to you details of the outreach of Thalir Thiran Thittam to schools, child welfare centres, evening classes, student camps and training sessions through volunteers and satellite technology.

This newsletter will continue its journey in a new form with new thoughts in new fields and with a new editorial team with representation from every state. The new team will come into play from the next issue onwards.

I look forward to your continued support and suggestions. *Ariaravelan Manager*

TTT offers life skill education to students in classes 7 to 12. Based on 10 life skills listed by World Health Organisation (WHO), lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in 6 states - Tamil Nadu ,Gujarat, Rajasthan, Madhya Pradesh, Uttar Pradesh and Haryana.

28 Issue For Private circulation only

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Life Skills Education Volunteers

Thalir Thiran Thittam has been implemented in a wide range of inistitutions in Tamilnadu – primary schools, high schools and higher secondary schools, NGOs, child care centres, student hostels, residential schools, polytechnics, colleges and so on using a variety of means – taught directly by teachers, learning through videos, peer teaching etc. Life skills education volunteers are the latest to join the band of facilitators.

Swetha is a second year student of B.Com at a college in Madurai. She is also being trained under the '*I* am a leader' scheme initiated by *Sudar Foundation*, an NGO. Since 2012, Thalir Thiran Thittam lessons have been an integral part of their activities. She has been actively involved in learning as also peer teaching TTT lessons and has understood the impact of the same; she has been fascinated and inspired by the content and methodology of TTT.



As a person with an affinity for children, she has been enthusiastic about teaching children. She was keen to pass on TTT's life skills to the children in her neighborhood, but didn't quite know how to go about it. It was then that an introduction to TTT was made by *Sudar Foundation* to all the new students. She came to know that TTT had lessons exclusively for primary school children. She sought permission to offer the same to the children in Rajiv Gandhi Nursery School in Sambandar Alankulam locality where she lived. Ever since July 2018, she has been offering life skills education every Monday to 20 children studying there.

This effort of Swetha inspired another student Jayasurya who is doing her second year B.Sc in science. She enrolled herself for the *I am a leader* programme. She started offering private tuition to students studying in grades 1 to 8 at home in the evenings. She has also started imparting life skills since August 2018.

Enthused by these students, *Sudar* has launched the "Life Skills Education Volunteers" programme and is planning to rope in many more youngsters. The chariot of life skills education has been set in motion by volunteers like Swetha and Jayasurya. It shall roll on majestically with the efforts of more and more volunteers.

– N. Gayathri

A student becomes a facilitator

Madurai SEED is an NGO located in the hutments of Karumpalai in Madurai. A sample training session was offered on 4 Aug 2018 to the 30 volunteers who serve there. An employee of Aparajitha handled one of the lessons partially and then laid it open for the volunteers to continue



Vindhya, a student of second year B.A. came forward and completed the lesson. When asked what prompted her to take up the challenge, she replied with a smile, "I have been learning Thalir Thiran Thittam lessons at *SEED* since I was in class eight. That gave me the confidence to conduct the session."

Her friends and fellow students Kaleeswari (I year B.Sc) and Mekath Nilavu (I year B.Com) have been facilitating TTT lessons to the students at *SEED*.

TTT: Learning to action

When Ms Arunadevi, a teacher at M.A.N.U. Girls Higher Secondary School, Madurai entered Std 9 classroom, her eyes fell on a set of used clothes neatly stacked in a corner. Curious to know why the clothes were kept there, she asked the students. Vishnupriya, Aiswaryalakshmi, Joyprinci, Monika and Padmapriya stood up and said that they were deeply inspired by the TTT lesson on charity and hence decided to give away their unused clothes to the needy but were not sure whom to donate it to. They added, " We were waiting to discuss this with you and find a way out." Then the teacher helped them identify disadvantaged people to whom they gave those clothes away. The teacher later declared, " Thalir Thiran Thittam lessons have had such an impact on the students that they are sincerely trying to implement what they have imbibed. This is a classic example of translating what they have learnt in a classroom into action in real life. I'm sure that their behaviour will undergo many more positive changes gradually if they continue to learn more of these skills and values."



The visit of American friends

Christopher L. Owen is a student of Masters in Business Administration at Erb institute in University Of Michigan. He arrived in Madurai to conduct a study on entrepreneurship. He was attracted by the objectives and content of Thalir Thiran Thittam. He had shared his thoughts about this with his brother Josiah who is working as a teacher of Mathematics in the US. Together they visited K.K. Primary school and High School on 27.07.2018. They had a discussion with the correspondent, Head masters, teachers and students on Thalir Thiran Thittam and its impact on the young minds. Their feedback can be viewed using this link :

https://youtu.be/Y0FqNFak5b4 .

Tim Tim Tare through satellite in Haryana

Tim Tim Tare, the Hindi version of TTT was telecast towards the end of last academic year using satellite technology. Orders were issued on 21.8.2018 to continue the telecast in this academic year also. Consequently, lessons will be telecast to students of Std 6-8 between 10.00 am and 11.am every week on Wednesday and Saturday. By the end of this academic year, 39 lessons will be telecast. As a result, 12,60,000 students from 12,000 schools will stand to receive life skills education. 7 telecasts were made during September 2018.

Tim Tim Tare in adventure camp

7 Adventure Camps are being organised between 16 September and 30 November 2018 under the aegis of Educational Department, Govt of Haryana at National Youth Adventure Institute in Gadhpuri city, Palwal District. These camps are organised to promote awareness and also help students develop their physical, mental and emotional health. At the two camps held from September 16-20 and 24 – 28, inputs to increase awareness about mental and emotional health were provided to 600 participants through Tim Tare lessons.

Tim Tim Tare in adolescent education programme



Government of India's Ministry of Human Resource Development (MHRD) and National AIDS Control Organisation (NACO) have together developed an educational programme for adolescents. This is being implemented in every state though the respective departments of education. At the adventure camp held at National Youth Adventure Institute in Gadhpuri, Palwal Dist, Haryana from September 24- 27, training was provided to 392 teachers from 196 schools. Life skills education was imparted through Tim Tim Tare lessons.

Tim Tim Tara through satellite in Gujarat



Tim Tim Tare lessons have been telecast via satellite in Haryana and Rajasthan since last academic year. Following that, the Gujarati version Tim Tim Tara is now being telecast via satellite this academic year by theEducation Department, Govt of Gujarat.

Tim Tim Tara lessons are being telecast every Wednesday morning for an hour for students of Std 6-8 through 'Vande Gujarat' Channels 6,7 and 8. These are then retelecast every Thursday for an hour in the afternoon. So far 39,75,000 students from 26,500 schools have received life skills education through this initiative. The first telecast was made on 30 August 2018. After that , by the end of September, 12 Tim Tim Tara lessons have been telecast. Students have evinced a lot of interest in learning through these lessons. In 10 schools a few students acted as facilitators and conducted sessions.

Tim Tim Tara in RMSA schools

There are about 73 model schools and 20 high schools operating under Rashtriya Madhyamik Shiksha Abhiyan (RMSA) in Gujarat. Tim Tim Tara was introduced in all those schools last academic year. There were notable and positive changes in their behaviour. Consequently Tim Tim Tara has been extended to 500 model residential schools under RMSA. As a follow up, training has been provided to 320 teachers working in these schools at the following places: Patan (July 21), rural Ahmedabad (July 24), Banaskantha (August 2), Anand (August 11), Vadodara (August 27), and Morbi (August 31).

Hearty congrats on yet another milestone!

- Dr. G. Haripriya Aravind Chief-Cataract Services, Aravind Eye Hospital, Madurai, Tamilnadu

Marvellous growth! It's all because of your meticulous planning and execution of the same. All the best for all your future endeavours.

- **K. Sarathy** Principal, Sundaram Matriculation Higher Secondary School, Aviyur. Tamilnadu.

Well done! My dream is coming true. Happy to see the little ones with all smiles and actively participating.

- NAN. Narayenen HR Consultant Madurai. Tamilnadu.

Tim Tim Tara started and grew like a banyan tree. After the completion of it every year, I have seen the changes in the students and even the teachers of Baroda district, which I am sure will be an example for other districts as well as States. I feel that as the shade of Gulmohar tree is in summer the same way TTT is for the students and I am glad that it is on Direct Relay now.

- **Dr. M.N.Patel** District Primary Education Officer, Baroda District, Gujarat

Aparajitha Foundation is doing work towards instilling moral values in the students through activities and experience sharing, which is a very effective concept. As it is telecast on the educational channel, students across Gujarat will be inspired by it.

- Mr. Pankaj Block Resource Coordinator, Gandhinagar District, Gujarat

It is commendable that, true to its name, *Seeds of Success* has been creating potent and effective seeds. Was a witness to the enthusiastic participation of children in summer camps. Best wishes for your worthy service to continue.

- **R. Shenbagadevi** Manager, Aparajitha, Madurai, Tamilnadu.